

Alexandria Yee

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Professional Summary

Dedicated and academically accomplished psychology graduate with a Bachelor's degree and outstanding academic performance. Currently working hands-on with adults with autism, demonstrating strong empathy, communication, and behavioral support skills. Passionate about making a meaningful impact in the field of psychology and committed to advancing mental health care and advocacy through compassionate, evidence-based practices.

Work Experience

Bartender/Server

Primanti Bros. | Homestead, PA
December 2025 to Present

Bartender and server.

Direct Support Professional

Transitional Options Inc | Greensburg, PA
August 2024 to December 2025

- Facilitated community integration programs for individuals with disabilities, promoting social inclusion and independence
- Developed individualized plans to support clients in achieving their personal goals and objectives
- Collaborated with community organizations and resources to provide opportunities for skill development and engagement
- Assisted clients in accessing community services such as healthcare, education, employment, and recreational activities
- Provided ongoing guidance and support to clients in navigating social interactions and building relationships
- Implemented strategies to enhance communication skills among clients through group activities and workshops

Bartender/Manager

Mike and Tony's | Pittsburgh, PA
April 2023 to August 2024

- Manager
- Supervise employees
- Customer service
- Problem solving

Server

MAX AND ERMAS | Monroeville, PA
March 2019 to March 2023

Customer service, work with public daily

Education

Psychology (Bachelor's degree)

Pennsylvania State University-World Campus | Remote
January 2023 to May 2025

Psychology (Associate in Arts (AA))

Community College of Allegheny County | Monroeville, PA

September 2020 to May 2022

Skills

Cash handling Leadership English Mandated reporting laws Mental health counseling
Experience with individuals with anxiety disorders Working with people with autism Sensory
integration Patient observation Assisting with ADLs Working with people with developmental
disabilities Informed consent Experience with individuals with bipolar disorder Working with
adult populations Suicide prevention techniques Restaurant Experience Crisis intervention
risk assessment Mental health technician experience - Mental health technician experience (1-2 years)
Customer service Cooking Organizational Skills Private practice experience Mindfulness-
based stress reduction (MBSR) Art therapy Social work Bartending Computer skills Autism
experience Family systems therapy Self-harm prevention strategies Autism spectrum disorders
support First aid Meal assistance Meal preparation Communication skills Music therapy
Time management Post-crisis support Caregiving Care plans Managing patient records Care
plan implementation HIPAA POS Serving Experience Patient interaction Cleaning Behavior
management Motivational interviewing Patient care Supportive counseling Home health Home
care Behavioral observation De-escalation techniques Safety planning Childcare Adolescents

Certifications and Licenses

Driver's License